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**TEAL "OVERCOME" WRISTBANDS
RAISE AWARENESS OF OVARIAN CANCER**

In the past few months, yellow silicone wristbands imprinted with the words "Live STRONG" have become fashion accessories for politicians, celebrities, cancer survivors and their families and friends. These wristbands were created by Nike for the Lance Armstrong Foundation to raise money to fund cancer research. Now, teal wristbands that say "OVERCOME" are available to raise awareness for ovarian cancer.

Minnesota Ovarian Cancer Alliance (MOCA) is selling the teal "OverCome" wristbands individually for \$1 each at our office> Or you can purchase them by mail in packs of 10 for \$13 and 50 for \$59. (They make great gifts for Valentine's Day.) Each wristband comes in a clear cellophane bag with a business-size card that includes the symptom of ovarian cancer.

The sale of the teal wristbands will help MOCA achieve its mission to fund ovarian cancer research in Minnesota, raise awareness of the disease and provide support to women with ovarian cancer and their families.

One in 57 women will be diagnosed with ovarian cancer. The symptoms are subtle, persistent and usually increase over time. If a woman experiences any of the following symptoms for more than 2-3 weeks, she should consult a doctor:

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- Bloating, a feeling of fullness, gas
- Frequent or urgent urination
- Nausea, indigestion, constipation, diarrhea
- Menstrual disorders, pain during intercourse
- Fatigue, backaches

A Pap smear is not an effective detection method, but a combination pelvic/rectal exam, CA125 blood test and a transvaginal sonogram can diagnosis the disease.

To place an order for the teal "OVERCOME" wristbands, send your check payable to MOCA, 3751 Alabama Avenue South, Suite 100, St. Louis Park, MN 55416. Or call MOCA at 952-890-8775. More information is also available on our web site: www.mnovarian.org.

The mission of Minnesota Ovarian Cancer Alliance is to fund research for ovarian cancer in Minnesota, raise awareness of the disease and provide support to women with ovarian cancer and their families.

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