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Contact: Constance White
Minnesota Ovarian Cancer Alliance
612.822.0500
cwhite@mnovarian.org

**Minnesota Ovarian Cancer Alliance (MOCA) celebrates its
10th annual “Silent No More Walk/Run” event**

Minneapolis, August 17, 2009 - The Minnesota Ovarian Cancer Alliance is gearing up for its 10th annual “Silent No More” Walk/Run event on Saturday, Sept. 12 at Rosland Park in Edina.

The event increases hope and community for women like Sarah Noonan, who was diagnosed with ovarian cancer when she was just 31 years old. After hearing the shocking news, like many women in her situation, Sarah began searching for support and hope. MOCA’s “Silent No More” Walk/Run event was just what she needed.

“I found myself among a sea of women, young and old, who were fighting ovarian cancer just like I was,” says Sarah of her feelings upon arriving at the event for the first time. “But instead of fighting with fear and despair, these women were courageous, brave, determined, optimistic and seemingly grateful to be alive! How could I not be, too? At this moment, I knew that I was not alone. I had nothing to be ashamed of. This is when I realized that this very sea of women was exactly what I needed to keep me sailing on my journey of recovery.”

Each year, survivors of ovarian cancer and their families and friends gather to raise money to fight ovarian cancer at the Silent No More Walk/Run. Evan Farmer host of HGTV’s Freestyle will Emcee this years event. Pre-registration has started and ends on August 31st. Cost is \$20 for adults and \$10 for children 12 and under. Registration fees increase to \$25/\$12 thereafter. Participants fundraise through pledging and donations. There will be special prizes for the top finishers and top pledge getters.

Ovarian cancer is the fifth leading cause of cancer death among women living in the U.S. and the eighth most common cancer among U.S. women. Each year, approximately 20,000 women will be diagnosed with ovarian cancer and 15,000 women will die from the disease. MOCA works to unite these women, creating and promoting resources for support, networking, and education for women diagnosed with ovarian cancer and their families.

This will be Sarah’s 6th year participating in the walk/run. Last year more than 2,900 people participated in the walk/run, and the event continues to grow. Sarah says of her team: “Over the last 5 years, ‘Team Noonan’ has grown from a small handful of local friends and family to an amazing army of supporters from around the country including friends and family from Wisconsin, Michigan, Connecticut, Massachusetts, Maryland, North Carolina, Florida, Arizona, Washington and California. MOCA has most definitely provided a way for its members to create a national movement, all on our own!”

For more information about MOCA, the “Silent No More” Walk/Run Event, or ovarian cancer, visit www.mnovarain.org

About the Minnesota Ovarian Cancer Alliance (MOCA):

Founded in 1999 by a group of ovarian cancer survivors, Minnesota Ovarian Cancer Alliance (MOCA) funds ovarian cancer research in Minnesota, educates the medical community, raises awareness of the disease, and provides support to women with ovarian cancer and their families.